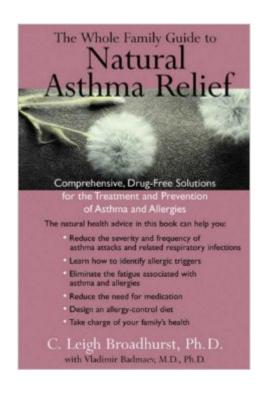
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The Whole Family Guide To Natural Asthma Relief: Comph Drug Free Solns For Treatment Prevention Asthma Allergies





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Synopsis

Geared toward the whole family, this is an aggressive, effective natural treatment programme for asthma and allergies. The guide shows how to treat and prevent asthma without the use of potentially harmful drugs. The authors first explain how to identify common asthma triggers and then discuss the biochemical reactions these triggers set off in the body, clarifying the interconnected relationship between asthma and other allergies.

Book Information

Paperback: 160 pages Publisher: Avery (March 18, 2002) Language: English ISBN-10: 1583331239 ISBN-13: 978-1583331231 Product Dimensions: 6 x 0.5 x 9.1 inches Shipping Weight: 7.8 ounces Average Customer Review: 3.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #3,769,906 in Books (See Top 100 in Books) #88 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Asthma #417 in Books > Health, Fitness & Diseases & Physical Ailments > Lung & Respiratory Diseases #434 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Respiratory

Customer Reviews

I think this is a pretty good book for it's time. It is an older book and I think that research as continued to improve concerning Asthma and allergies. I would recommend looking for a book that is more up to date.

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